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Meditation Pack Walks – FREE for Everyone

Come join Christine on a meditation pack walk. This is a great way to practice using calm energy while working with your dog and walking with a loose leash. This will help you feel more confident in how you manage your dog in new places and with new people.

Here are some guidelines for our walk:

- Everyone is welcome
- All dogs must be on leash (please no retractable leashes)
- Please give everyone personal space when you arrive
- In order to promote calmness, we will not be letting the dogs meet before the walk

Registration is required based on current Covid-19 restrictions

*Weather permitting, check my Facebook page
or my website for the most up to date details

calming chaos one paw at a time!

